



SEPTEMBER 20 - DECEMBER 19

WEEKLY TRACKER

WEEK OF: _____

HEALTH FOCUS:			WEALTH FOCUS:	
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	+	<input type="radio"/>
CORE HEALTH	FAT LOSS	FITNESS		(OPTIONAL)

My MFIT Lifestyle

			M	T	W	T	F	S	S	TOTAL
ORDER	100 points monthly for \$100 product order + 10 points per additional \$50 product order	up to 150 pts. monthly>							
FORTIFY	1 point each daily for taking: • Mfinity Boost • Turmeric Boost • Ginger Boost • Mfinity Oil	up to 4 pts. daily								
FUEL	1 point each daily for consuming: • Fuel • Burn • Java • Eating MFIT smart* or keto all day	up to 3 pts. daily								
HYDRATE	1 point each for drinking: • Drive • Detox • 60 oz. of water	up to 3 pts. daily								
MOVE	• 2 points daily for either 15 minutes of exercise (Fat Loss or Core Health participants) or 45 minutes of exercise (Fitness participants) • 1 point daily for MFIT Movement	up to 3 pts. daily for 6 days/week								
RECOVER	2 points daily for sleeping 7+ hours	2 pts. daily for 6 days/week								
CONNECT	5 points weekly for each: • Personal social media post about MFIT • Post on MFIT Facebook group • Watch MFIT Live Broadcast	up to 15 pts. per week								
WEEKLY GRAND TOTAL										

My MFIT Challenge Team

			M	T	W	T	F	S	S	TOTAL
	• 2 points daily for communicating with an accountability partner or team member	2 pts. daily								
	• 10 points weekly for attending your weekly Team Call	10 pts./week>							
I a Warrior		50 pts. when achieved>							
I a Medalist		50 pts. when achieved>							
WEEKLY GRAND TOTAL										



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Remember to go to the MFIT Leaderboard to complete your weekly check-in!

Each of your tasks convert to points as you log in and report them. For Fatloss participants: At the end of the Challenge, you'll also earn points for each pound lost and for each percentage point of weight lost.

Your financial transformation begins now! Track your progress on the daily habits below and then submit your total points as part of your weekly check-in. You can see your totals on the MFIT Leaderboard.

My Financial Freedom

			M	T	W	T	F	S	S	TOTAL
LEARN & TRAIN	<ul style="list-style-type: none"> • 5 points weekly for watching the Mfinity LIVE Broadcast • 1 point (each) for listening to a HWTF morning call • 2 points (each) for attending a New Ambassador Training with a new team member 	up to 25 pts. weekly								
SHARE & INVITE	2 points each daily for: <ul style="list-style-type: none"> • Posting on your personal social media account • Talking about MFIT or Mfinity with 5 people • Sharing a tool with 5 people • Following up with 5 people 	up to 8 pts. daily								
SHOW & FOLLOW UP	<ul style="list-style-type: none"> • 10 points each for showing the Plan in a one-on-one, 3-way call, or online business presentation • 5 points each for following up on your presentation of the Plan 	up to 75 pts weekly								
BUILD YOUR BUSINESS	Earn points with NEW Customers: <ul style="list-style-type: none"> • 15 points each for NEW Customers with a \$50+ order • 50 points each for NEW Customers with a Launch Pack or equivalent 	no limit on points for new Customers								
	Earn points with NEW Ambassadors: <ul style="list-style-type: none"> • 25 points each for NEW Ambassadors with a \$50+ order • 75 points each for NEW Ambassadors with a Launch Pack or equivalent 	no limit on points for new Ambassadors								
ACHIEVE MTP	 an Mfinity Top Producer	150 pts./month when achieved→							
ACHIEVE MTPL	 an Mfinity Top Producer Leader	250 pts./month when achieved→							
WEEKLY GRAND TOTAL										

Learn & Train

Getting trained and staying up to date is simple. Invite your new team members to watch or attend a New Ambassador Training with you. Get up-to-date on product and business announcements by watching the Wednesday MFINITY Live Broadcast. Get inspired and motivated about your business on the Health, Wealth, and Time Freedom Call. See the current call schedule at mymfinit.com/webinars.

Invite & Share

Invite new people to learn about MFIT everyday. Each day, you earn points for posting on your social media account, talking to 5 people, sharing a tool with 5 people, and following up with 5 people. The MFINITY Share App is a great way to share tools, see interest, and follow up with contacts. Learn more about the App at sharemfinit.com.

Show & Follow Up

Once your prospect has seen a tool, the next step is for them to see the full MFINITY Plan. You receive points for sharing the full plan in person, online, via a 3-way call, or through a tool. Be sure to follow up afterwards with every guest to answer questions and to help them place their order.

New Customers & Ambassadors

As you Invite, Share, Show, and Follow Up, you'll naturally find people who want to join to try products, join the MFIT Challenge, or become an Ambassador. A substantial number of points come with new Customers and Ambassadors. As you continue to work, you can become an MFINITY Top Producer (MTP) and watch your points (and check) soar!

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